



PE (Year 6)

Overview	<p>The PE curriculum at William Hulme's Grammar School provides children with the opportunity to develop skills in four key areas: games, athletics, dance and gymnastics. This curriculum has been developed with the ambition of children achieving the Key Stage expectations, set out in the National Curriculum, by providing a year-on-year development of skills in each of the four key areas of PE. The curriculum also aims to develop each child in two ways: through physical outcomes and emotional outcomes.</p> <p>Our intent is to deliver high-quality lessons that inspire all pupils to succeed and excel in physical activities, including competitive sport, through the teaching of fundamental movement skills in the Early Years and Key Stage 1. We aim to provide opportunities for pupils to become physically confident in order for them to lead healthy, active lifestyles.</p> <p>We provide opportunities to compete in sport in order to build character and help to embed values, such as fairness and respect. Children will begin to develop these skills in Key Stage 1 when taking part in simple games and developing their understanding of playing with others, learning to demonstrate honesty and playing with gratitude, empathy and fairness.</p>
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	Transition Lesson (with Secondary PE teachers)	Primary lesson (with Primary Class Teacher)	Assessment
Autumn Term 1	<p>Unit: Tag Rugby</p> <p>Area of learning: Pupils learn to applying skills and introduce game specific rules and tactics linked to simple and complex skills.</p> <p>Overview:</p> <ul style="list-style-type: none"> They will be learning how to officiate offside and play advantage in small-sided games. Develop game understanding and compete in a game of Tag Rugby. 	<p>Unit: Leadership</p> <p>Area of learning: Pupils learn to lead, officiate and organise activity in physical education activities, games and other settings.</p> <p>Overview:</p> <ul style="list-style-type: none"> They will be taught to recognise when the teams are unfair, sort teams quickly and efficiently and lead a warm-up effectively while working with others. Pupils should be able to compete enthusiastically and fairly and link to School Games Values of Respect and Passion 	<p>Fit to Perform KPI 1, 2, 3</p> <p>Fit to Lead KPI 5, 6, 7.</p> <p>Fit for Life KPI 9</p>

Autumn Term 2	<p>Unit: Handball</p> <p>Area of learning: In this unit children learn to apply a wider range of skills and learn how to develop tactics in handball.</p> <p>Overview:</p> <ul style="list-style-type: none"> • Get into a good ready position to move quickly and receive the ball. • Dribble a ball whilst travelling. • Shoot with power and accuracy. • Disguise passes and dummy pass. • Apply a range of kills purposefully in a game. 	<p>Unit: Basketball</p> <p>Area of learning: Control a basketball using both hands and protect the ball under pressure.</p> <p>Overview:</p> <ul style="list-style-type: none"> • Pass the ball using good techniques selecting the correct pass type and using consistent technique. • Use different skills such as varying speed and direction to get past defenders. • Use the correct technique of balance, elbow, eye line and follow through (BEEF) to shoot a basketball. 	<p>Fit to Perform KPI 1, 2, 3</p> <p>Fit to Lead KPI 5, 6, 7</p> <p>Fit for Life KPI 9</p>
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	Transition Lesson (with Secondary PE teachers)	Primary lesson (with Primary Class Teacher)	Assessment
Spring Term 1	<p>Unit: Lacrosse</p> <p>Area of learning: Introduce basic skills (static).</p> <p>Overview:</p> <ul style="list-style-type: none"> • Moving with the ball (basic skills). • Passing and Receiving (static and moving). • Passing on the move (Attack v Defence). • Defending 1 v 1. • Make a good contribution, attacking and defending, in a game. 	<p>Unit: Gymnastics</p> <p>Area of learning: Students need to show confident and competence at controlling balances on different body parts.</p> <p>Overview:</p> <ul style="list-style-type: none"> • They can work at different levels with weight on a variety of points and patches. • Hold a range of symmetrical & a balances counterbalances with a partner. • Pupils should be able to perform a sequence in canon at different levels. • Use the apparatus and/or pupils when balancing. 	<p>Fit to Perform KPI 1, 2, 3</p> <p>Fit to Lead KPI 6, 7</p> <p>Fit for Life KPI 9</p>
Spring Term 2	<p>Unit: Hockey</p> <p>Area of learning: Pupils will refine different dribbling, tackling, shielding, passing and receiving techniques.</p> <p>Overview:</p> <ul style="list-style-type: none"> • They will play games including games where a team has a numerical advantage and look to deepen their understanding of the principles 	<p>Unit: Cricket</p> <p>Area of learning: Pupils will be advancing their core skills from year 5 by developing ways of delivering the ball and shots that might be played depending upon the delivery of the ball as a batter.</p> <p>Overview:</p> <ul style="list-style-type: none"> • They will be able to identify the correct delivery for bowling and be able to replicate overarm and underarm throws. • Developing children's tactical awareness, considering a variety of factors. 	<p>Fit to Perform KPI 1, 2, 3</p> <p>Fit to Lead KPI 5, 6</p> <p>Fit for Life KPI 9</p>

	Transition Lesson (with Secondary PE teachers)	Primary lesson (with Primary Class Teacher)	Assessment
Summer Term 1	<p>Unit: Tennis</p> <p>Area of learning: Develop the skills to be able to play a tennis game under control.</p> <p>Overview:</p> <ul style="list-style-type: none"> • Get into a good position and play forehand shots with some consistency. • Look to perform a serve (under and overarm) and apply rules connected with the serve. • Play a competitive game using a range of ground strokes. 	<p>Unit: Roundnet</p> <p>Area of learning: Demonstrates competency in a variety of motor skills and movement patterns.</p> <p>Overview:</p> <ul style="list-style-type: none"> • Introduction to understand the basic rules of roundnet and language associated. • Identify the 2 basic passing and setting movement skills and influence the game using attacking and defensive principles 	<p>Fit to Perform KPI 1, 2, 3</p> <p>Fit to Lead KPI 5, 6</p> <p>Fit for Life KPI 9</p>
Summer Term 2	<p>Unit: Ultimate Frisbee</p> <p>Area of learning: Pupils will refine their technique on throwing and catching and learn how to apply the skills they have learnt in a modified game.</p> <p>Overview:</p> <ul style="list-style-type: none"> • Work on static and moving throwing and catching techniques. • Play games and secure better understanding of the rules but also of tactics linked to defending and attacking. 	<p>Unit: Athletics</p> <p>Area of learning: Different ways of running, jumping and throwing whilst developing children's technique and awareness of safety.</p> <p>Overview:</p> <ul style="list-style-type: none"> • Identify how they sustain pace over longer distances and how diet and nutrition can impact this. • Talk about health, the body and link to components of fitness (5 S's). • Show determination and resilience linked to personal challenge 	<p>Fit to Perform KPI 1, 2, 3</p> <p>Fit to Lead KPI 5, 6</p> <p>Fit for Life KPI 9</p>

Useful Resources for Supporting Your Child at Home:

- Support your child in attending Extra-Curricular sport in school
- Support your child in joining a local sports club
- Look at TeamMCR website for more opportunities for your child - <https://teammcr.co.uk/>